



B Licence - Part 1

Practical assessment outline

Time allotted :	30 minutes
Number of players :	14 or 16
Field space available :	Half pitch
Type of exercise :	Functional Practice & Small-sided game
Objective :	Using principles of play, coach a specific group of players in a specific game situation and in a specific area of the field

ATTACKING THEMES

Theme	Game situation	Area (zone)	Area (channel)	Primary player(s)	Secondary Player(s)
A1	Build-up	Zones 1-2	centrally	Goalkeeper	Center Backs (2)
A2	Build-up	Zones 1-2	on the flank	Full Back	Goalkeeper & Center Back (1)
A3	Build-up	Zones 1-2	centrally	Center Backs (2)	Center Midfielders (2)
A4	Build-up	Zones 1-2	on the flank	Center Midfielder	Full Back & Winger
A5	Build-up	Zones 1-2	on the flank	Winger	Full Back & Center Midfielder (1)
A6	Counter Attack	Zones 1-2	centrally	Center Backs (2)	Central Midfielders (2)
A7	Counter Attack	Zones 1-2	on the flank	Goalkeeper	Center Backs (2)
A8	Counter Attack	Zones 1-2	on the flank	Center Back	Center Midfielder & Winger
A9	Counter Attack	Zones 1-2	on the flank	Winger	Center Midfielder & Forward
A10	Breakdown	Zones 3-4	centrally	Center Midfielders (2)	Forward(s)
A11	Breakdown	Zones 3-4	centrally	Forward(s)	Center Midfielders (2)
A12	Breakdown	Zones 3-4	on the flank	Full Back	Center Midfielder & Winger
A13	Breakdown	Zones 3-4	on the flank	Winger	Center Midfielder & Full Back
A14	Breakdown	Zones 3-4	on the flank	Forward	Center Midfielder & Winger
A15	Quick attack	Zones 3-4	centrally	Center Midfielders (2)	Forward(s)
A16	Quick attack	Zones 3-4	centrally	Forward(s)	Center Midfielders (2)
A17	Quick attack	Zones 3-4	on the flank	Forward	Center Midfielder & Winger
A18	Quick attack	Zones 3-4	on the flank	Center Midfielder	Winger & Forward
A19	Quick attack	Zones 3-4	on the flank	Winger	Center Midfielder & Forward
A20	Finishing Opportunity	Zone 4	centrally	Center Midfielders (2)	Forward(s)
A21	Finishing Opportunity	Zone 4	centrally	Forward(s)	Center Midfielders (2)
A22	Finishing Opportunity	Zone 4	on the flank	Center Midfielder	Winger & Full Back
A23	Finishing Opportunity	Zone 4	on the flank	Winger	Full Back & Forward
A24	Finishing Opportunity	Zone 4	on the flank	Forward	Center Midfielder & Winger

DEFENDING THEMES

Theme	Game situation	Area (zone)	Area (channel)	Primary player(s)	Secondary Player(s)
D1	Organized	Zones 4-3	centrally	Forward(s)	Center Midfielders (2)
D2	Unbalanced	Zones 4-3	centrally	Forward(s)	Center Midfielders (2)
D3	Organized	Zones 4-3	on the flank	Forward(s)	Center Midfielder & Winger
D4	Organized	Zones 4-3	on the flank	Winger	Center Midfielder & Forward
D5	Organized	Zones 4-3	on the flank	Center Midfielder	Winger & Forward
D6	Unbalanced	Zones 4-3	on the flank	Forward	Center Midfielder & Winger
D7	Unbalanced	Zones 4-3	on the flank	Winger	Central Midfielder & Forward
D8	Unbalanced	Zones 4-3	on the flank	Center Midfielder	Forward & Winger
D9	Organized	Zones 2-1	centrally	Center Midfielders (2)	Forward(s)
D10	Organized	Zones 2-1	centrally	Center Backs (2)	Center Midfielders (2)
D11	Organized	Zones 2-1	centrally	Center Midfielders (2)	Center Backs (2)
D12	Organized	Zones 2-1	on the flank	Winger	Center Midfielder & Full Back
D13	Organized	Zones 2-1	on the flank	Full Back	Center Midfielder & Winger
D14	Organized	Zones 2-1	on the flank	Center Back	Center Midfielder & Full Back
D15	Quick attack against	Zones 2-1	centrally	Center Midfielders (2)	Center Backs (2)
D16	Quick attack against	Zones 2-1	centrally	Center Backs (2)	Center Midfielders (2)
D17	Quick attack against	Zones 2-1	centrally	Goalkeeper	Center Backs (2)
D18	Quick attack against	Zones 2-1	on the flank	Full Back	Center Backs (2)
D19	Quick attack against	Zones 2-1	on the flank	Center Back	Goalkeeper & Full Back
D20	Goal Threat	Zone 1	centrally	Center Backs (2)	Center Midfielders (2)
D21	Goal Threat	Zone 1	centrally	Goalkeeper	Center Backs (2)
D22	Goal Threat	Zone 1	on the flank	Full Back	Center Midfielder & Winger
D23	Goal Threat	Zone 1	on the flank	Center Back	Goalkeeper & Full Back